

Developing *EMOTIONAL* Intelligence

(for Working with Children)

www.JonathanFanning.com
(866) 800-0938

- Emotional Intelligence and its effects on every aspect of your life
- Increase self-awareness, the first key step to develop a higher EQ
- Practical methods to increase EQ in self and others
- Classroom experiences, exercises, and models to build EQ
- Become more confident and effective when interacting with children, colleagues, team members, parents - of all personalities
- Defuse tense situations, mediate conflicts, master amygdala hijack
- Gain revealing insights into why people act the way they do
- Leadership and emotional intelligence: how they are related
- Beliefs and their incredible effect on your emotions and behaviors
- Handle irrational thinking and overcome negative emotions
- Simple and effective model for modifying non-conscious habits
- Keep your emotions in check, and help others to do the same

Jonathan Fanning: helps organizations and individuals reach their full potential. Through keynote speaking, training workshops, coaching, and consulting, Jonathan works to create excellence within companies, teams and organizations that are not willing to settle for “good enough.”

A traumatic car accident in the middle of Fanning’s rapid rise as a management consultant to Fortune 500 companies triggered a quest for a deeper sense of purpose, meaning, and significance. “Who are you BECOMING?” became central to Jonathan’s life, businesses, and speaking. With over a decade of experience coaching leaders, from Fortune 500 executives to sole proprietors, Jonathan has developed expertise in the principles, practices, and challenges of creating a worthwhile vision and becoming the leader capable of this worthy pursuit.

Fanning has built several successful businesses; including FunBusNY (serving over 1,000 children every month) and Entrepreneur Adventure (unique programs helping young people experience business start-up and ownership). He facilitates Leadership Skills Day for Leadership Rockland every year and is an engaging speaker who both inspires and equips with relevant stories and practical application steps to help audiences challenge the status quo.

Program Options:

EQ Intro (1 to 4 hours)	-great introduction, includes workbook with tools and exercises for teachers, staff, parents
EQ Full Day (up to 8 hrs)	-highly engaging day, practical exercises for affecting emotions of self and others
EQ Series (4 weeks, 2 hrs/wk)	-similar to full day, includes exercises to improve EQ between sessions
Keynote Speech	-for PTA meetings, parent events, open house

All programs can be tailored to serve customer’s needs.